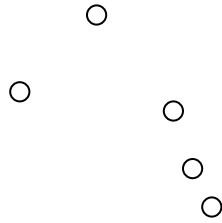


Sub Compact Pistol Clinic

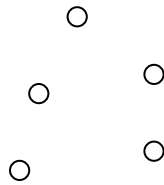
August 13 , 2016

Stage 1.



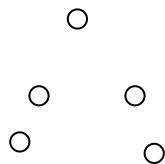
Shooter will bring 10 rounds to the bench. Targets will be from 8 yds. to 14 yds. Shooter will load 5 rounds and fire 1 shot on each target. Shooter will then load 5 more rounds and fire 1 shot on each of the targets **STRONG HAND ONLY**. Targets may be shot in any order .Exception: If a shooter is totally uncomfortable shooting one handed, he can use both hands.

Stage 2.



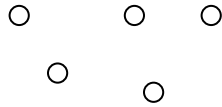
Shooter will bring 10 round to the bench. Targets will be placed from 8 to 12 yards away. When the fire command is given, shooter will load 5 rounds and shoot at the numbered target that the coach designates. There may be more than 2 rounds in each target as the coach may call the same number 3 times. The shooter will then load the second 5 rounds and shoot the number that the coach calls using **STRONG HAND ONLY**. Exception: same as stage 1.

Stage 3.



Coach may hang the targets in any way he wishes either right side up, upside down , crossways or whatever. Do not shoot the white which is a no shoot area. The shooter will bring 10 rounds to the bench, load 5 rounds and shoot the targets in any order. The shooter will then do a reload and shoot the targets again **STRONG HAND ONLY**.
Exception: Same as stage 1.

STAGE 4.



We have purposely tried to stay away from the self defense phases but this is a good exercise. Targets will be approx. 6 yards away. Shooter will bring 10 rounds to the bench. On the fire command the shooter will load 5 rounds and fire point and shoot. What this means is that the shooter will not use the sights but will hold the gun one handed with the elbow tight to his side with the pistol extended. The shooter will fire the 5 rounds then do it over again. **NOTE; THE SHOOTERS WEAK HAND MUST BE AT THEIR BACK SO THE R.O. CAN SEE WHERE THE WEAK HAND IS.**